We are enrolling now for our adult culinary nutrition classes (ages 18+) for summer 2019.

WHERE
All sessions take place in the Susie Jastrow Teaching Kitchen, located on the University of Texas campus in Mary Gearing Hall.

Your day will start with an engaging classroom discussion followed by hands-on culinary preparation in our teaching kitchen. We will end the class with lunch, prepared by participants, and a final discussion of the concepts learned.

SUSIE’S KITCHEN SCHEDULE
DAY 1 JUNE 15 The Anti-Aging Kitchen
DAY 2 JUNE 29 Eating Well
DAY 3 JULY 13 Nutrition and Gut Health

TIME
Each Saturday session meets from 10AM–1PM

PRICE
Cost per class: $100.00

ENROLLMENT: he.utexas.edu/ntr