WHOLE SUMMER SESSION
NTR 353: Field Experience in International Nutrition
ITL 319S: Italian Language

SICILY ITALY

FACULTY-LED SUMMER ABROAD PROGRAM

Application Deadline: December 1
FIELD EXPERIENCE IN INTERNATIONAL NUTRITION
DR. JEANNE FREELAND-GRAVES

This program offers a unique opportunity to learn about nutrition, food, health and culture in Italy through a variety of field experiences and local guest lecturers. Students enroll in two courses, one in nutrition and a second in Italian language. Italian language is offered at three different levels.

Tentative topics for activities include diet, lifestyle and culture of the Mediterranean, dietary guidelines, obesity, nutrition through the life cycle (pregnancy to aging), clinical nutrition and food services in hospitals, public health and community nutrition in low socio-economic areas, sports nutrition and the food industry. The program includes day trips to historic cities and sites of Sicily.

Dr. Freeland-Graves, the Bess Heflin Centennial Professor in the Department of Nutritional Sciences, teaches the Field Experience in Nutrition course and directs the program. She is an international expert in nutrition, obesity, trace elements and foods. To apply, contact Dr. Freeland-Graves at jfg@mail.utexas.edu to schedule an appointment.

NTR 353 meets a major requirement in international nutrition and may substitute for NTR 355 towards didactic nutrition.