

Monica R. Meadows



LECTURER

NTR Faculty

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RESEARCH AREAS

dietetics

Ph.D., University of Texas at Austin

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Dr. Meadows, Ph.D., R.D., L.D., is the Director of the Coordinated Program in Dietetics. She has taught many courses during her time on faculty and developed the courses in Nutrition through the Lifecycle, Nutrition Education and Counseling and International Nutrition in the Developing World. In addition to classroom teaching, Dr. Meadows supervised CPD students during their clinical dietetics and community nutrition practice courses until taking over the role of Director. She currently teaches Nutrition Education and Counseling (NTR 330), Nutritional Assessment (NTR 218) and the associated lab (118L). Dr. Meadows also serves as the Director for the University of Texas Nutrition Institute; an innovative program, which seeks to promote health & wellness by bridging nutritional science research, health care, & culinary arts.