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| Year One |  |
| HDF 304: Family Relationships (3 credit hours) | HDF 313: Child Dvlp (3) **&** HDF 113L: Lab (1) |
| CH 301: Principles of Chemistry I (3) | BIO 311C: Introductory Biology I (3) |
| SDS 302: Data Analysis For Health Sciences (3) | Core: English Composition1 – RHE 306 (3) |
| Core: History1 (3) | Social Science: ECO, SOC, PSY, ANT2 (3) |
| Core: First Year Signature Course1 – UGS 302/303 (3) | General Elective (3) |
| Year Two |  |
| HDF 305: Health/Devel Across the Lifespan **or**  HDF 306: Intro to Gender/ Sexuality | HDF 315L: Research Methods in HDFS (3) |
| BIO 311D: Bio II (3) **or** CH 302: Chemistry II (3) | SDS 332: Stat Modeling (3) **or** M 408N/R: Diff Calc (4) |
| Social Science: ECO, SOC, PSY, ANT2 (3) | NTR 306: Fundamentals of Nutrition (3) |
| Core: Humanities1 – E316L, M, N, or P (3) | Support Course3 (3) |
| General Elective (3) | Core: History1 (3) |
| Year Three – *Apply to practicum* |  |
| HDF 340: Eth/Phil/Profsnl Development Issues (3) | HDF: Option Course (3) *Choose from list on back of this sheet* |
| HDF: Option Course (3) *Choose from list on back of this sheet* | HDF: Any additional 3 hours4 (3) |
| Support Course3 (3) | Support Course3 (3) |
| Core: Government1 (3) | Core: Government1 (3) |
| Additional Science: AST, BIO CH, CS, GEO, M, NTR, or PHY (3) | General Elective (3-5) |
| Year Four – *Complete the practicum fall or spring semester* |  |
| HDF 378L: Theories of Child and Family Dev (3) | HDF 652F/652P/655R: Applied/research practicum4 (6) |
| HDF: Any additional 3 hours(3) | HDF: Option Course (3) *Choose from list on back of this sheet* |
| Social Science: Upper Division ECO, SOC, PSY, ANT2 (3) | General Elective (3) |
| Core: Visual and Performing Arts1 (3) |  |
| General Elective (3) |  |

1. Refer to approved Core List. **\*120 total hours required for this degree**  
*Courses that fulfill core curriculum requirements are designated in the course schedule with a blue icon in the far right column.*   
2. PSY 304, 333D, and 339 cannot count towards this degree.

3. Refer to approved list available at the Human Ecology Advising Center.

4. Students can take a maximum of 12 hours the semester they complete an applied practicum.

**Degree Planning Resources**

Degree Checklists

https://cns.utexas.edu/degree-checklists

Interactive Degree Audit  
https://registrar.utexas.edu/students/degrees/ida

Credit-By-Exam  
https://learningsciences.utexas.edu/studenttesting

**Flag Requirements**

* The following course flags are required and may overlap with other required courses.
* One course can satisfy up to 3 flags, with the exception of the GC and CD flags. Two separate classes are needed.
* Transfer & credit-by-exam courses (ex. AP) do not fulfill flag requirements.
* Course flags are designated in the course schedule. You are responsible to check the course schedule each semester to verify available flags.

|  |  |
| --- | --- |
| **Flags required:** | **Fulfilled by:** |
| **Writing (lower or upper-division)** |  |
| **Writing (upper-division)** | HDF 378L |
| **Quantitative Reasoning** | SDS 302, CH 301, HDF 315L |
| **Global Cultures** |  |
| **Cultural Diversity in the U.S.** |  |
| **Ethics** | HDF 340 |
| **Independent Inquiry** | HDF Practicum |

***Suggestions:*** *Core Humanities, Core History, Core VAPA; HDF hours; Support Course;   
Social Science; General Electives (confirm elective hours needed with your advisor)*

**S.o.H.E. Advising Center**

GEA 37

512.471.7219

he.utexas.edu/students/advising  
headvising@austin.utexas.edu

For the “HDF Option Courses” on your sample plan:

Choose **2 courses** from the following list:

HDF 335: Adult Development (Fall or Spring, once a year)

HDF 351: Infant Development and Attachment Relationships (Fall or Spring, once a year) ****

HDF 371: Adolescent Development in Context (Fall or Spring, once a year)

Choose **1 course** from the following list:

HDF 335: Adult Development (Fall or Spring, once a year)

HDF 342: Development of Psychopathology from Infancy through Adolescence (Spring only)

HDF 343: Human Development in Minority and Immigrant Families (Fall or Spring, once a year) ****

HDF 345: Peer Relationships (Fall or Spring, once a year) ****

HDF 351: Infant Development and Attachment Relationships (Fall or Spring, once a year)

HDF 358: Parent Child Relationships (Fall or Spring, once a year) ****

HDF 266C and 266L: Guidance in Adult-Child Relationships and Lab (formerly HDF 466) (Fall and Spring)

HDF 371: Adolescent Development in Context (Fall or Spring, once a year)

HDF 372K: Families in Transition (Fall or Spring, once a year)

HDF 378K: Sexuality in Human Development and Family Sciences (Infrequent)

See the HDFS website for more courses offered by the HDFS department: https://he.utexas.edu/hdfs