

# 2018 – 2020 Bachelor of Science in Human Development & Family Sciences

## Sample 4 Year Plan: Option II Human Development

Year One	
HDF 304: Family Relationships (3) <i>Also fulfills Core Social and Behavioral Sciences<sup>1</sup></i>	HDF 313: Child Dvlp (3) & HDF 113L: Lab (1) <i>Must register for lab first</i>
CH 301: Principles of Chemistry I (3) <span style="background-color: #ffc107; padding: 2px;">QR</span>	BIO 311C: Introductory Biology I (3)
SDS 302F: Foundations of Data Analysis (3) <span style="background-color: #ffc107; padding: 2px;">QR</span>	Core: English Composition <sup>1</sup> – RHE 306 (3)
PSY 301: Intro to Psychology (3)	Core: History <sup>1</sup> (3)
Core: First Year Signature Course <sup>1</sup> – UGS 302/303 (3)	General Elective (3)
Year Two	
HDF 315L: Research Methods in HDFS (3) <span style="background-color: #ffc107; padding: 2px;">QR</span>	NTR 306: Fundamentals of Nutrition (3)
BIO 311D: Introductory Biology II (3) <b>or</b> CH 302: Principles of Chemistry II (3)	SDS 324E: Elements of Regression Analysis <span style="background-color: #ffc107; padding: 2px;">QR</span> <b>or</b> M 408N/R: Diff Calc (4)
Social Science: ECO, SOC, PSY, ANT <sup>2</sup> (3)	Support Course <sup>3</sup> (3)
Core: Humanities <sup>1</sup> – E316L, M, N, or P (3)	Core: History <sup>1</sup> (3)
General Elective (3)	General Elective (3)
Year Three – Apply to practicum	
HDF 340: Eth/Phil/Profsnl Development Issues (3) <span style="background-color: #17a2b8; color: white; padding: 2px;">E</span>	HDF: Option Course (3) <i>Choose from list on back of this sheet</i>
HDF: Option Course (3) <i>Choose from list on back of this sheet</i>	HDF: Any additional 3 hours <sup>4</sup> (3)
Support Course <sup>3</sup> (3)	Support Course <sup>3</sup> (3)
Core: Government <sup>1</sup> (3)	Core: Government <sup>1</sup> (3)
Additional Science: AST, BIO CH, CS, GEO, M, NTR, or PHY (3)	General Elective (3-5)
Year Four – Complete the practicum fall or spring semester	
HDF 378L: Theories of Child and Family Dev (3) <span style="background-color: #ffc107; padding: 2px;">Wr</span>	HDF 652F/652P/655R: Applied/research practicum <sup>4</sup> (6) <span style="background-color: #ffc107; padding: 2px;">II</span>
HDF: Any additional 3 hours (3)	HDF: Option Course (3) <i>Choose from list on back of this sheet</i>
Social Science: Upper Division ECO, SOC, PSY, ANT <sup>2</sup> (3)	General Elective (3)
Core: Visual And Performing Arts <sup>1</sup> (3)	
General Elective (3)	

1. Refer to approved Core List.

**\*120 total hours required for this degree**

Courses that fulfill core curriculum requirements are designated in the course schedule with a blue icon in the far right column.

2. PSY 304, 333D, and 339 cannot count towards this degree.

3. Refer to approved list available at the Human Ecology Advising Center.

4. Students can take a maximum of 12 hours the semester they complete an applied practicum.

### Flag Requirements

- The following course flags are required and may overlap with other required courses.
- One course can satisfy up to 3 flags, with the exception of the GC and CD flags. Two separate classes are needed.
- Transfer & credit-by-exam courses (ex. AP) do not fulfill flag requirements.
- Course flags are designated in the course schedule. You are responsible to check the course schedule each semester to verify available flags.

Flags required:	Fulfilled by:
<span style="background-color: #ffc107; padding: 2px;">Wr</span> Writing (lower or upper-division)	
<span style="background-color: #ffc107; padding: 2px;">Wr</span> Writing (upper-division)	HDF 378L
<span style="background-color: #ffc107; padding: 2px;">QR</span> Quantitative Reasoning	SDS 302, CH 301, HDF 315L
<span style="background-color: #ffc107; padding: 2px;">GC</span> Global Cultures	
<span style="background-color: #ffc107; padding: 2px;">CD</span> Cultural Diversity in the U.S.	
<span style="background-color: #17a2b8; color: white; padding: 2px;">E</span> Ethics	HDF 340
<span style="background-color: #ffc107; padding: 2px;">II</span> Independent Inquiry	HDF Practicum

**Suggestions:** Core Humanities, Core History, Core VAPA; HDF hours; Support Course; Social Science; General Electives (confirm elective hours needed with your advisor)

### Degree Planning Resources

Degree Checklists  
<https://cns.utexas.edu/degree-checklists>

Interactive Degree Audit  
<https://registrar.utexas.edu/students/degrees/ida>

Credit-By-Exam  
<https://learningsciences.utexas.edu/studenttesting>

### S.o.H.E. Advising Center

GEA 37  
 512.471.7219  
[he.utexas.edu/students/advising](http://he.utexas.edu/students/advising)  
[headvising@austin.utexas.edu](mailto:headvising@austin.utexas.edu)


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## Human Development Option Courses

For the “HDF Option Courses” on your sample plan, take the following courses:

**Choose 2 courses from the following list:**

HDF 335: Adult Development (Fall or Spring, once a year)



HDF 351: Infant Development and Attachment Relationships (Fall or Spring, once a year) 


HDF 371: Adolescent Development in Context (Fall or Spring, once a year)

**Choose 1 course from the following list:**


HDF 335: Adult Development (Fall or Spring, once a year)

HDF 342: Development of Psychopathology from Infancy through Adolescence (Spring only)

HDF 343: Human Development in Minority and Immigrant Families (Fall or Spring, once a year)  

HDF 345: Peer Relationships (Fall or Spring, once a year) 

HDF 351: Infant Development and Attachment Relationships (Fall or Spring, once a year)

HDF 358: Parent Child Relationships (Fall or Spring, once a year) 

HDF 371: Adolescent Development in Context (Fall or Spring, once a year)

HDF 466: Guidance in Adult-Child Relationships (Fall and Spring)

HDF 378K: Sexuality in Human Development and Family Sciences (Infrequent)

See the HDFS website for more courses offered by the HDFS department: <https://he.utexas.edu/hdfs>