

# 2020 – 2022 Bachelor of Science in Human Development & Family Sciences

## Sample 4 Year Plan: Option I Early Childhood

Year One	
HDF 304: Family Relationships (3) <i>Also fulfills Core Social and Behavioral Sciences<sup>1</sup></i>	HDF 313: Child Dvlp (3) & HDF 113L: Lab (1) <i>Must register for lab first</i>
CH 301: Principles of Chemistry I (3) <span style="background-color: orange; color: white; padding: 2px;">QR</span>	BIO 311C: Introductory Biology I (3)
SDS 302F: Foundations of Data Analysis (3) <span style="background-color: orange; color: white; padding: 2px;">QR</span> <span style="background-color: orange; color: white; padding: 2px;">E</span>	Core: English Composition <sup>1</sup> – RHE 306 (3)
Core: History <sup>1</sup> (3)	Social Science: ECO, SOC, PSY, ANT <sup>2</sup> (3)
Core: First Year Signature Course <sup>1</sup> – UGS 302/303 (3)	General Elective (3)
Year Two	
HDF 305: Health/Devel Across the Lifespan <b>or</b> HDF 306: Intro to Gender/ Sexuality	HDF 315L: Research Methods in HDFS (3) <span style="background-color: orange; color: white; padding: 2px;">QR</span>
BIO 311D: Introductory Biology II (3) <b>or</b> CH 302: Principles of Chemistry II (3)	SDS 324E: Elements of Regression Analysis <span style="background-color: orange; color: white; padding: 2px;">QR</span> <b>or</b> M 408N/R: Diff Calc (4)
Social Science: ECO, SOC, PSY, ANT <sup>2</sup> (3)	NTR 306: Fundamentals of Nutrition (3)
Core: Humanities <sup>1</sup> – E316L, M, N, or P (3)	Support Course <sup>3</sup> (3)
General Elective (3)	Core: History <sup>1</sup> (3)
Year Three – Apply to practicum	
HDF 340: Eth/Phil/Profsnl Development Issues (3) <span style="background-color: orange; color: white; padding: 2px;">E</span>	HDF 266C: Guide in Adult-Child Rel & HDF 266L Lab (3)
HDF 338: Dev Appro Prac with Young Children (3) – FALL ONLY	HDF: Any additional 3 hours <sup>4</sup> (3)
Support Course <sup>3</sup> (3)	Support Course <sup>3</sup> (3)
Core: Government <sup>1</sup> (3)	Core: Government <sup>1</sup> (3)
Additional Science – AST, BIO CH, CS, GEO, M, NTR, or PHY (3)	General Elective (3)
Year Four – Complete practicum fall or spring semester	
HDF: Option Course (3) <i>Choose from list on back of this sheet</i>	HDF 652F/652P/655R: Field or research practicum <sup>4</sup> (6) <span style="background-color: orange; color: white; padding: 2px;">II</span>
HDF: Any additional 3 hours (3)	HDF: Option Course (3) <i>Choose from list on back of this sheet</i>
Social Science: Upper Division ECO, SOC, PSY, ANT <sup>2</sup> (3)	General Elective (3)
Core: Visual And Performing Arts <sup>1</sup> (3)	
General Elective (3)	

**\*120 total hours required for this degree**

1. Refer to approved Core List.  
Courses that fulfill core curriculum requirements are designated in the course schedule with a blue icon in the far right column.

2. PSY 304, 333D, and 339 cannot count towards this degree.

3. Refer to approved list available at the Human Ecology Advising Center.

4. Students can take a maximum of 12 hours the semester they complete an applied practicum.

### Flag Requirements

- The following course flags are required and may overlap with other required courses.
- One course can satisfy up to 3 flags, with the exception of the GC and CD flags. Two separate classes are needed.
- Transfer & credit-by-exam courses (ex. AP) do not fulfill flag requirements.
- Course flags are designated in the course schedule. You are responsible to check the course schedule each semester to verify available flags.

Flags required:	Fulfilled by:
<span style="background-color: orange; color: white; padding: 2px;">Wr</span> Writing (lower or upper-division)	
<span style="background-color: orange; color: white; padding: 2px;">Wr</span> Writing (upper-division)	Recommended: HDF option courses
<span style="background-color: orange; color: white; padding: 2px;">QR</span> Quantitative Reasoning	SDS 302, CH 301, HDF 315L
<span style="background-color: orange; color: white; padding: 2px;">GC</span> Global Cultures	
<span style="background-color: orange; color: white; padding: 2px;">CD</span> Cultural Diversity in the U.S.	
<span style="background-color: orange; color: white; padding: 2px;">E</span> Ethics	SDS 302F, HDF 340
<span style="background-color: orange; color: white; padding: 2px;">II</span> Independent Inquiry	HDF Practicum

**Suggestions:** Core Humanities, Core History, Core VAPA; HDF hours; Support Course; Social Science; General Electives (confirm elective hours needed with your advisor)

### Degree Planning Resources

Degree Checklists  
<https://cns.utexas.edu/degree-checklists>

Interactive Degree Audit  
<https://registrar.utexas.edu/students/degrees/ida>






Credit-By-Exam  
<https://learningsciences.utexas.edu/studenttesting>

### S.o.H.E. Advising Center

GEA 37  
 512.471.7219  
[he.utexas.edu/students/advising](http://he.utexas.edu/students/advising)  
[headvising@austin.utexas.edu](mailto:headvising@austin.utexas.edu)

## 2020-2022 Bachelor of Science in Human Development & Family Sciences Early Childhood Option Courses

For the “HDF: Option Courses” on your sample plan, choose **two** courses from this list:

- HDF 342: Development of Psychopathy from Infancy through Adolescence (Spring only)
- HDF 345: Peer Relationships (Fall or Spring, once a year) 
- HDF 347: Socioeconomic Problems of Families (Fall or Spring, once a year) 
- HDF 351: Infant Development and Attachment Relationships (Fall or Spring, once a year)
- HDF 358: Parent Child Relationships (Fall or Spring, once a year) 
- HDF 362: Children and Public Policy (Fall or Spring, once a year) 
- HDF 378K: Introduction to Early Childhood Intervention (Spring only)
- HDF 378K: Introduction to Child Life (Spring only)
- HDF 378L: Theories of Child and Family Development (Fall, Spring, and Summer) 

See the HDFS website for more courses offered by the HDFS department: <https://he.utexas.edu/hdfs>