

2020 – 2022 Bachelor of Science in Human Development & Family Sciences

Sample 4 Year Plan: Option II Human Development

Year One	
HDF 304: Family Relationships (3 credit hours)	HDF 313: Child Dvlp (3) & HDF 113L: Lab (1)
CH 301: Principles of Chemistry I (3) QR	BIO 311C: Introductory Biology I (3)
SDS 302F: Foundations of Data Analysis (3) QR	Core: English Composition ¹ – RHE 306 (3)
Core: History ¹ (3)	Social Science: ECO, SOC, PSY, ANT ² (3)
Core: First Year Signature Course ¹ – UGS 302/303 (3)	General Elective (3)
Year Two	
HDF 305: Health/Devel Across the Lifespan or HDF 306: Intro to Gender/ Sexuality	HDF 315L: Research Methods in HDFS (3) QR
BIO 311D: Introductory Biology II (3) or CH 302: Principles of Chemistry II (3)	SDS 324E: Elements of Regression Analysis QR or M 408N/R: Diff Calc (4)
Social Science: ECO, SOC, PSY, ANT ² (3)	NTR 306: Fundamentals of Nutrition (3)
Core: Humanities ¹ – E316L, M, N, or P (3)	Support Course ³ (3)
General Elective (3)	Core: History ¹ (3)
Year Three – Apply to practicum	
HDF 340: Eth/Phil/Profsnl Development Issues (3) E	HDF: Option Course (3) <i>Choose from list on back of this sheet</i>
HDF: Option Course (3) <i>Choose from list on back of this sheet</i>	HDF: Any additional 3 hours ⁴ (3)
Support Course ³ (3)	Support Course ³ (3)
Core: Government ¹ (3)	Core: Government ¹ (3)
Additional Science: AST, BIO CH, CS, GEO, M, NTR, or PHY (3)	General Elective (3-5)
Year Four – Complete the practicum fall or spring semester	
HDF 378L: Theories of Child and Family Dev (3) Wr	HDF 652F/652P/655R: Applied/research practicum ⁴ (6) II
HDF: Any additional 3 hours (3)	HDF: Option Course (3) <i>Choose from list on back of this sheet</i>
Social Science: Upper Division ECO, SOC, PSY, ANT ² (3)	General Elective (3)
Core: Visual and Performing Arts ¹ (3)	
General Elective (3)	

1. Refer to approved Core List.

***120 total hours required for this degree**

Courses that fulfill core curriculum requirements are designated in the course schedule with a blue icon in the far right column.

2. PSY 304, 333D, and 339 cannot count towards this degree.

3. Refer to approved list available at the Human Ecology Advising Center.

4. Students can take a maximum of 12 hours the semester they complete an applied practicum.

Flag Requirements

- The following course flags are required and may overlap with other required courses.
- One course can satisfy up to 3 flags, with the exception of the GC and CD flags. Two separate classes are needed.
- Transfer & credit-by-exam courses (ex. AP) do not fulfill flag requirements.
- Course flags are designated in the course schedule. You are responsible to check the course schedule each semester to verify available flags.

Flags required:	Fulfilled by:
Wr Writing (lower or upper-division)	
Wr Writing (upper-division)	HDF 378L
QR Quantitative Reasoning	SDS 302, CH 301, HDF 315L
GC Global Cultures	
CD Cultural Diversity in the U.S.	
E Ethics	HDF 340
II Independent Inquiry	HDF Practicum

Suggestions: Core Humanities, Core History, Core VAPA; HDF hours; Support Course; Social Science; General Electives (confirm elective hours needed with your advisor)

Degree Planning Resources

Degree Checklists
<https://cns.utexas.edu/degree-checklists>

Interactive Degree Audit
<https://registrar.utexas.edu/students/degrees/ida>

Credit-By-Exam
<https://learningsciences.utexas.edu/studenttesting>

S.o.H.E. Advising Center

GEA 37
 512.471.7219
he.utexas.edu/students/advising
headvising@austin.utexas.edu

2020 – 2022 Bachelor of Science in Human Development & Family Sciences Human Development Option Courses

For the “HDF Option Courses” on your sample plan:

Choose **2 courses** from the following list:

HDF 335: Adult Development (Fall or Spring, once a year)

HDF 351: Infant Development and Attachment Relationships (Fall or Spring, once a year) **Wr**

HDF 371: Adolescent Development in Context (Fall or Spring, once a year)

Choose **1 course** from the following list:

HDF 335: Adult Development (Fall or Spring, once a year)

HDF 342: Development of Psychopathology from Infancy through Adolescence (Spring only)

HDF 343: Human Development in Minority and Immigrant Families (Fall or Spring, once a year) **Wr CD**

HDF 345: Peer Relationships (Fall or Spring, once a year) **Wr**

HDF 351: Infant Development and Attachment Relationships (Fall or Spring, once a year)

HDF 358: Parent Child Relationships (Fall or Spring, once a year) **Wr**

HDF 266C and 266L: Guidance in Adult-Child Relationships and Lab (formerly HDF 466) (Fall and Spring)

HDF 371: Adolescent Development in Context (Fall or Spring, once a year)

HDF 372K: Families in Transition (Fall or Spring, once a year)

HDF 378K: Sexuality in Human Development and Family Sciences (Infrequent)

See the HDFS website for more courses offered by the HDFS department: <https://he.utexas.edu/hdfs>