



NTR 353: Field Experience in International Nutrition – South Africa June 9 - July 21, 2016

Prerequisites: NTR 306 or 312

Majors: Open to all majors at UT

Scholarships: Financial aid and scholarships are available

Application Deadline: **December 1, 2015**

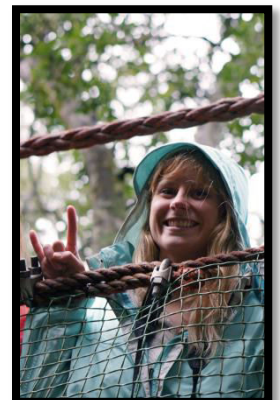
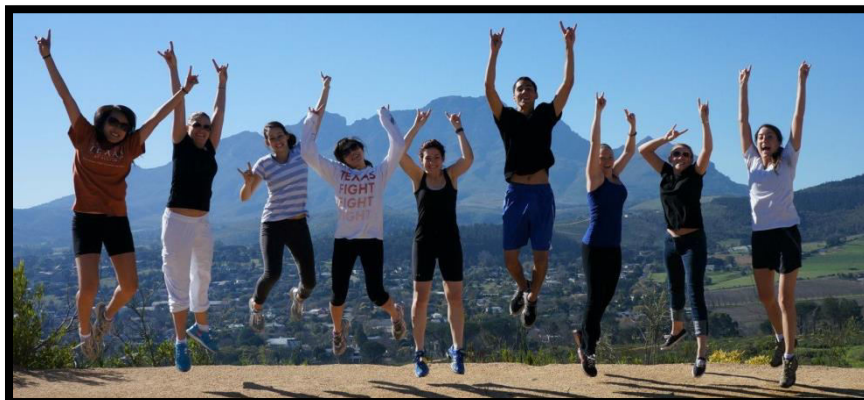
Next Steps:

1. Students must attend one of our info sessions held in the Fall of 2015.
2. Join our mailing list to be notified of announcements and updates.

Contact Ms. Miriam Pashby, Painter 5.56, mlpashby@mail.utexas.edu,
471-5190

For additional information:

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NTR 353: Field Experience in International Nutrition - South Africa June 9 – July 21, 2016



Dr. Jeanne Freeland Graves will lead 20+ undergraduate students on the adventure of a lifetime across South Africa. This program focuses on nutrition, food and health of South Africa and it will integrate nutrition with cultural and scientific applications. The program is based at the University of Cape Town, with an additional two weeks in Stellenbosch – heart of the wine lands. Nutrition faculty from the Tygerberg Medical Campus will provide lectures on food based dietary guidelines; pediatric malnutrition; food and culture in Western South Africa; public health issues and strategies; and food security and HIV+ in South Africa.

Students will also take a course on the unique culture and **political history of South Africa**. By the end of this course, students will understand the impact of apartheid on society, the incredible forgiveness by the Truth and Conciliation process, and the intricate development of the current political system.

Activities include: visiting food superstores, traditional markets, health clinics, facilities for elderly care, a home for children with AIDS and cancer, community garden, job training projects, community kitchens, schools, townships and learning traditional Xhosa cuisine. Students will complete **projects** on food availability, cost and quality of foods from different types of markets, as well as observing the sanitation and diet patterns in extreme poverty.

Cultural excursions may include: Cable car to the top of Table Mountain, Kirstenbosch Botanical Gardens, Cape of Good Hope, penguins at Boulder Bay, French food at the Bastille Day Festival in Franschhoek, Hout Bay and Biscuit Mill food festivals, and exploring the colorful community of Bo Kaap.

This program will culminate in a trip to **Kruger National Park** to experience nutrition in the bush and catch a glimpse of the “Big Five” (African lion, elephant and leopard; black rhinoceros: and Cape buffalo) in their natural habitat.

