# 2018 – 2020 Bachelor of Science in Nutrition
(Didactic Program in Dietetics): Sample 4-Year Plan DRAFT

## Year One
- **BIO 311C**: Introductory Biology I (3 credit hours)
  - NTR 312 & 112L*: Nutrition Science w/ Lab (4)  
- **CH 301**: Principles of Chemistry I (3) [QR]  
  - CH 302: Principles of Chemistry II (3) [QR]  
- **SDS 302**: Data Analysis for Health Sciences¹ (3) [QR]  
  - CH 204: Intro to Chemical Practice (2) [QR]  
- Core: UGS 302/303 First Year Signature Course (3)
  - Core: RHE 306 Rhetoric and Writing²  
- Core: Social and Behavioral Sciences² (3)
  - Core: Visual and Performing Arts² (3)  

## Year Two
- NTR 307 & 107L*: Food Science w/ Lab (4)
  - NTR 218 & 118L*: Assess. of Nutrition Status w/ Lab (3)  
- NTR 315: Nutrition Through the Life Cycle (3)
  - NTR 326: Intermediate Nutrition and Metabolism (3)  
- BIO 325: Genetics (3)
  - NTR 126L: Nutritional Sciences Lab (1)  
- CH 320M: Organic Chemistry I (3)
  - NTR 162: Standards, Ethics, and Credentialing for Dietetic Practice (1)  
- SDS 332: Statistics (3) or M 408C, K, N, or R: Calculus (4)
  - BCH 369: Fundamentals of Biochemistry (3)  
- Core: Humanities² (3) - E 316L, M, N, or P  

## Year Three
- NTR 332: Community Nutrition (3)
  - NTR 330: Nutrition Education and Counseling (3)  
- NTR 334 & 234L*: Foodservice Systems w/ Lab (5)
  - NTR 355M: Advanced Food Systems Management (3)  
- BIO 365S: Human Systems Physiology (3)
  - NTR 370: Med Nutrition Therapy I - SPRING ONLY (3)  
- ACC 310F or ACC 311: Accounting (3) [QR]  
  - Core: Government² (3)  
- Core: Government² (3)
  - General Electives (5)  

## Year Four
- NTR 338W: Issues in Nutrition and Health (3) [WR II]
  - NTR 337: Epidem (3) or NTR 365: Selected Topics (3)  
- NTR 342: Advanced Nutritional Sciences (3)
  - NTR 343: Vitamins and Minerals (3)  
- NTR 371: Medical Nutrition Therapy II - FALL ONLY (3)
  - NTR 366L: Research Methods in Nutrition Sciences² (3)  
- Core: History² (3)
  - Core: History² (3)  
- General Electives (4)  
  - General Electives (4)  

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### Flag Requirements
- The following course flags are required and may overlap with other required courses.  
- One course can satisfy up to 3 flags, with the exception of the GC and CD flags. Two separate classes are needed.  
- Transfer & credit-by-exam courses (ex. AP) do not fulfill flag requirements.  
- Course flags are designated in the course schedule. You are responsible to check the course schedule each semester to verify available flags.

<table>
<thead>
<tr>
<th>Flags required:</th>
<th>Fulfilled by:</th>
</tr>
</thead>
<tbody>
<tr>
<td>WR Writing (lower or upper-division)</td>
<td>NTR 338W</td>
</tr>
<tr>
<td>WR Writing (upper-division)</td>
<td>SDS 302, CH 301, CH 302, CH 204, ACC 310F or ACC 311</td>
</tr>
<tr>
<td>QR Quantitative Reasoning</td>
<td>NTR 338W</td>
</tr>
<tr>
<td>GC Global Cultures</td>
<td>NTR 338W</td>
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<tr>
<td>CD Cultural Diversity in the U.S.</td>
<td>NTR 338W</td>
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<tr>
<td>EL Ethics &amp; Leadership</td>
<td>NTR 338W</td>
</tr>
<tr>
<td>II Independent Inquiry</td>
<td>NTR 338W</td>
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</tbody>
</table>

**Suggestions**: Core Humanities, Core History, Core VAPA; General Electives (confirm elective hours needed with your advisor)

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### Degree Planning Resources

- **Interactive Degree Audit**
  - [https://registrar.utexas.edu/students/degrees/ida](https://registrar.utexas.edu/students/degrees/ida)  
- **Credit-By-Exam**
  - [https://testingservices.utexas.edu/sts](https://testingservices.utexas.edu/sts)  

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**S.o.H.E. Advising Center**

- GEA 37  
- 512.471.7219  
- [he.utexas.edu/students/advising](http://he.utexas.edu/students/advising)  
- [headvising@austin.utexas.edu](mailto:headvising@austin.utexas.edu)

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¹ Refer to Interactive Degree Audit (IDA) to see a list of all courses that could satisfy this requirement.  
² 126 total hours required for this degree  
² Refer to approved Core List. Courses that fulfill core curriculum requirements are designated in the course schedule with a blue icon in the far right column.

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*When registering, must add the lab first and then the lecture.*