

2016 – 2018 Bachelor of Science in Nutrition (Nutritional Sciences) Sample 4-Year Plan

Year One	
BIO 311C: Introductory Biology I (3 credit hours)	NTR 312: Intro to Nutr Sci (3) & NTR 112L: Lab (1-3)
CH 301: Principles of Chemistry I (3) QR	BIO 311D: Introductory Biology II (3)
SDS 302: Data Analysis for Health Sciences ² (3) QR	CH 302: Principles of Chemistry II (3) QR
Core: UGS 302/303 First Year Seminar (3)	CH 204: Intro to Chemical Practice (2) QR
Core: Social and Behavioral Science ¹ (3)	Core: RHE 306 Rhetoric and Writing
Year Two	
NTR 307: Intro Food Science (3) & NTR 107L: Lab (1) or BIO 326R: Microbiology (3) & BIO 226L: Lab (2)	NTR 326: Nutr and Metab (3) & NTR 126L: Lab (1)
CH 320M: Organic Chemistry I (3)	CH 320N: Organic Chemistry II (3) & CH 220C Lab (2)
BIO 325/315H/325H: Genetics (3)	Social Science ² (3)
SDS 332: Statistics (3) or M 408N: Diff Calculus (4)	Core: History ¹ (3)
Core: History ¹ (3)	General Elective (3)
Year Three	
NTR 337: Principles of Epidemiology in Nutr Sci (3)	NTR 365: Selected Topic in Nutritional Sciences
BCH 369: Fundamentals of Biochemistry (3)	NTR: Choose 3 hrs behavioral/clinical nutrition ²
BIO 446L: Anatomy (4) or NEU 330: Neural Syst (3)	BIO 365S: Human Systems Physiology (3)
Core: Government ¹ (3)	Core: Visual and Performing Arts ¹ (3)
General Elective (3)	Core: Government ¹ (3)
Year Four	
NTR 365 or 371 or 370: Slctd Topic or Med Nutr(3)	NTR 338W: Issues in Nutrition & Health (3) Wr II
NTR 342: Advanced Nutritional Sciences (3)	NTR 343: Vitamins and Minerals (3)
PHY 302K: Physics (3) & PHY 102M: Lab (1) ²	NTR 366L: Research Methods in Nutr Sciences ² (3)
Core: Humanities ¹ (3)	General Elective (3)
General Elective (3)	General Elective (3-5)

1: Refer to approved Core List.

***126 total hours required for this degree**

Courses that fulfill core curriculum requirements are designated in the course schedule with a blue icon in the far right column.

2. Refer to Interactive Degree Audit (IDA) to see a list of all courses that could satisfy this requirement.

Flag Requirements

- The following course flags are required and may overlap with other required courses.
- One course can satisfy up to 3 flags, with the exception of the GC and CD flags. Two separate classes are needed.
- Transfer & credit-by-exam courses (ex. AP) do not fulfill flag requirements.
- Course flags are designated in the course schedule. You are responsible to check the course schedule each semester to verify available flags.

Flags required:	Fulfilled by:
Wr Writing (lower or upper-division)	
Wr Writing (upper-division)	NTR 338W
QR Quantitative Reasoning	SDS 302, CH 301, CH 302, CH 204
GC Global Cultures	
CD Cultural Diversity in the U.S.	
EL Ethics & Leadership	
II Independent Inquiry	NTR 338W

Suggestions: Core Humanities, Core History, Core VAPA; General Electives (confirm elective hours needed with your advisor)

Degree Planning Resources

Interactive Degree Audit

<https://registrar.utexas.edu/students/degrees/ida>

Credit-By-Exam

<https://learningsciences.utexas.edu/studenttesting>

S.o.H.E. Advising Center

GEA 37

512.471.7219

he.utexas.edu/students/advising

headvising@austin.utexas.edu