## Year One

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>Notes</th>
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<tbody>
<tr>
<td>HDF 304H: Family Relationships (3)</td>
<td>WR</td>
<td>also fulfills Core Social and Behavioral Sciences&lt;sup&gt;1&lt;/sup&gt;</td>
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<tr>
<td>CH 301/301H: Principles of Chemistry I (3)</td>
<td>QR</td>
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<tr>
<td>SDS 302: Data Analysis For Health Sciences (3)</td>
<td>QR</td>
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<td>PSY 301: Intro to Psychology (3)</td>
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<tr>
<td>Core: UGS 302/303 First Year Signature Course&lt;sup&gt;2&lt;/sup&gt; (3)</td>
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<tr>
<td>Core: HDF: Choose 3 hrs (3)</td>
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<tr>
<td>General Elective (3)</td>
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**Recommendations:**
- Refer to approved Core List.
- Additional Science and Behavioral Sciences<sup>1</sup>
- By the end of Year Two, begin thinking about choosing a research lab to volunteer with.
- HDF 379H requires submission of Thesis Application and Proposal to Honors Coordinator before registering.

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**Face-to-Face Course Schedule each semester to verify available flags.

### Face-to-Face Course Schedule each semester to verify available flags.
- Required: Thesis Application/Proposal due by end of semester.

### Writing (lower or upper-division)
- HDF 304H, HDF 313H

### Writing (upper-division)
- HDF 304H, HDF 313H

### Quantitative Reasoning
- SDS 302, CH 301, HDF 315L

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### Degree Planning Resources

- [Interactive Degree Audit](https://registrar.utexas.edu/students/degrees/ida)
- [Credit-By-Exam](https://testing.services.utexas.edu/sts)

### S.o.H.E. Advising Center
- GEA 37
- 512.471.7219
- [he.utexas.edu/students/advising](he.utexas.edu/students/advising)
- headvising@austin.utexas.edu