

# 2018 – 2020 Bachelor of Science in Human Development & Family Sciences

## Sample 4 Year Plan: Human Development Option

Year One	
HDF 304: Family Relationships (3) <i>Also fulfills Core Social and Behavioral Sciences<sup>1</sup></i>	HDF 313: Child Dvlp (3) & HDF 113L: Lab (1) <i>Must register for lab first</i>
CH 301: Principles of Chemistry I (3)	BIO 311C: Introductory Biology I (3)
SDS 302: Data Analysis For Health Sciences (3)	Core: English Composition <sup>1</sup> – RHE 306 (3)
PSY 301: Intro to Psychology (3)	Core: History <sup>1</sup> (3)
Core: First Year Signature Course <sup>1</sup> – UGS 302/303 (3)	General Elective (3)
Year Two	
HDF 315L: Research Methods in HDFS (3)	NTR 306: Fundamentals of Nutrition (3)
BIO 311D: Bio II (3) or CH 302: Chemistry II (3)	SDS 332: Stat Modeling (3) or M 408N/R: Diff Calc (4)
Social Science: ECO, SOC, PSY, ANT <sup>2</sup> (3)	Support Course <sup>3</sup> (3)
Core: Humanities <sup>1</sup> – E316L, M, N, or P (3)	Core: History <sup>1</sup> (3)
General Elective (3)	General Elective (3)
Year Three – Apply to practicum	
HDF 340: Eth/Phil/Profsnl Development Issues (3)	HDF: Option Course (3) <i>Choose from list on back of this sheet</i>
HDF: Option Course (3) <i>Choose from list on back of this sheet</i>	HDF: Any additional 3 hours <sup>4</sup> (3)
Support Course <sup>3</sup> (3)	Support Course <sup>3</sup> (3)
Core: Government <sup>1</sup> (3)	Core: Government <sup>1</sup> (3)
Additional Science: AST, BIO CH, CS, GEO, M, NTR, or PHY (3)	General Elective (3-5)
Year Four – Complete the practicum fall or spring semester	
HDF 378L: Theories of Child and Family Dev (3)	HDF 652F/652P/655R: Applied/research practicum <sup>4</sup> (6)
HDF: Any additional 3 hours (3)	HDF: Option Course (3) <i>Choose from list on back of this sheet</i>
Social Science: Upper Division ECO, SOC, PSY, ANT <sup>2</sup> (3)	General Elective (3)
Core: Visual And Performing Arts <sup>1</sup> (3)	
General Elective (3)	

1. Refer to approved Core List.

**\*120 total hours required for this degree**

*Courses that fulfill core curriculum requirements are designated in the course schedule with a blue icon in the far right column.*

2. PSY 304, 333D, and 339 cannot count towards this degree.

3. Refer to approved list available at the Human Ecology Advising Center.

4. Students can take a maximum of 12 hours the semester they complete an applied practicum.

### Flag Requirements

- The following course flags are required and may overlap with other required courses.
- One course can satisfy up to 3 flags, with the exception of the GC and CD flags. Two separate classes are needed.
- Transfer & credit-by-exam courses (ex. AP) do not fulfill flag requirements.
- Course flags are designated in the course schedule. You are responsible to check the course schedule each semester to verify available flags.

Flags required:	Fulfilled by:
Writing (lower or upper-division)	
Writing (upper-division)	HDF 378L
Quantitative Reasoning	SDS 302, CH 301, HDF 315L
Global Cultures	
Cultural Diversity in the U.S.	
Ethics	HDF 340
Independent Inquiry	HDF Practicum

**Suggestions:** Core Humanities, Core History, Core VAPA; HDF hours; Support Course; Social Science; General Electives (confirm elective hours needed with your advisor)

### Degree Planning Resources

Degree Checklists  
<https://cns.utexas.edu/degree-checklists>

Interactive Degree Audit  
<https://registrar.utexas.edu/students/degrees/ida>

Credit-By-Exam  
<https://learningsciences.utexas.edu/studenttesting>

### S.o.H.E. Advising Center

GEA 37  
 512.471.7219  
[he.utexas.edu/students/advising](http://he.utexas.edu/students/advising)  
[headvising@austin.utexas.edu](mailto:headvising@austin.utexas.edu)

## 2018 – 2020 Bachelor of Science in Human Development & Family Sciences Human Development Option Courses

For the “HDF Option Courses” on your sample plan, take the following courses:

**Choose 2 courses from the following list:**

HDF 335: Adult Development (Fall or Spring, once a year)

HDF 351: Infant Development and Attachment Relationships (Fall or Spring, once a year) **Wr**

HDF 371: Adolescent Development in Context (Fall or Spring, once a year)

**Choose 1 course from the following list:**

HDF 335: Adult Development (Fall or Spring, once a year)

HDF 342: Development of Psychopathology from Infancy through Adolescence (Spring only)

HDF 343: Human Development in Minority and Immigrant Families (Fall or Spring, once a year) **Wr CD**

HDF 345: Peer Relationships (Fall or Spring, once a year) **Wr**

HDF 351: Infant Development and Attachment Relationships (Fall or Spring, once a year)

HDF 358: Parent Child Relationships (Fall or Spring, once a year) **Wr**

HDF 371: Adolescent Development in Context (Fall or Spring, once a year)

HDF 466: Guidance in Adult-Child Relationships (Fall and Spring)

HDF 378K: Sexuality in Human Development and Family Sciences (Infrequent)

See the HDFS website for more courses offered by the HDFS department: <https://he.utexas.edu/hdfs>