2018 – 2020 Bachelor of Science in Nutrition
Sample 4-Year Plan: Honors in Advanced Nutritional Sciences (HANS)

Year One	
BIO 311C: Introductory Biology I[1] (3 credit hours)	NTR 312H: Intro to Nutritional Science (3) - *SPRING ONLY*
CH 301/301H: Principles of Chemistry I (3) QR	NTR 312R: Research in Nutritional Sci (3) - *SPRING ONLY*
SDS 302: Data Analysis for Health Sciences[2] (3) QR	BIO 311D: Introductory Biology II[1] (3)
Core: UGS 302/303 First Year Signature Course[3]	CH 302/302H: Principles of Chemistry II (3) QR
Core: English Composition[4] – RHE 306 (3)	CH 204: Intro to Chemical Practice (2) QR
Year Two - Begin thinking about choosing a research lab	
NTR: Choose any 3 hours[5] (3) *Counts toward "12 additional hours of nutrition"*	NTR 326: Intermediate Nutrition and Metabolism (3) *Counts toward "12 additional hours of nutrition"*
CH 320M: Organic Chemistry I (3)	CH 320N: Organic Chemistry II (3)
BIO 325: Genetics (3)	CH 220C: Organic Chemistry Lab (2)
SDS 332: Stat Modeling (3) **or** M 408C, K, N, or R: Calc (4)	Core: Social & Behavioral Sciences[4] (3)
Core: History[4] (3)	Core: History[4] (3)
Year Three - Begin NTR 355H research course credit (or earlier)	Reminder: Thesis Application & Proposal due by end of semester
NTR 355H: Honors Research[6] (3)	NTR 355H: Honors Research[6] (3) *Counts toward "12 additional hours of nutrition"*
BCH 369: Fundamentals of Biochemistry (3)	NTR 338H: Issues in Nutrition/Health (3) - *SPRING ONLY* Wr
BIO 365S: Human Systems Physiology (3)	NTR 365: Topic 2 **or** Topic 4 (3)
Elective: Choose 3 hours upper division[5] (3)	Elective: Choose 3 hours upper division[5] (3)
Core: Government[4] (3)	Core: Government[4] (3)
Year Four - Must submit Thesis App/Proposal to register for NTR 379H	
NTR 379H: Honors Tutorial Course[6] (3) II	NTR 379H: Honors Tutorial Course[6] (3) II *Counts toward "12 additional hours of nutrition"*
NTR 342: Advanced Nutritional Sciences (3)	NTR 343: Vitamins and Minerals (3)
Elective: Choose 3 hours upper division[5] (3)	Core: Humanities[4] (3) - E 316L, M, N or P
Core: Visual & Performing Arts[4] (3)	General Elective (3)
General Elective (4)	General Elective (4)

1: Instead of taking both BIO 311C and 311D, student may take BIO 315H if eligible.

***120 total hours required for this degree**

2. Refer to Interactive Degree Audit (IDA) to see a list of all courses that could satisfy this requirement.
3: A section of UGS 302 or 303 approved by nutrition honors advisor that is tailored to give a foundation in research methods. Included in Freshman FIG schedule.
4: Refer to approved Core List. *Courses that fulfill core requirements are designated in the course schedule with a blue icon in far right column.*
5. Selected courses must also be approved by honors advisor to count towards "12 additional hrs of nutrition" or "9 hrs additional coursework" (see Degree Audit)
6. Honors research and thesis coursework required for Honors in Advanced Nutritional Sciences program. Restricted enrollment. Approval from faculty supervisor required before registering. First semester of NTR 379H requires submission of Thesis Application and Proposal to Honors Coordinator before registering.

Flag Requirements:

- The following course flags are required and may overlap with other required courses.
- One course can satisfy up to 3 flags, with the exception of the GC and CD flags. Two separate classes are needed.
- Transfer & credit-by-exam courses (ex. AP) do not fulfill flag requirements.
- Course flags are designated in the course schedule. You are responsible to check the course schedule each semester to verify available flags.

Flags required:	Fulfilled by:
Wr **Writing (lower or upper-division)**	
Wr **Writing (upper-division)**	NTR 338H
QR **Quantitative Reasoning**	SDS 302, CH 301, CH 302, CH 204
GC **Global Cultures**	
CD **Cultural Diversity in the U.S.**	
E **Ethics**	
II **Independent Inquiry**	NTR 379H

Suggestions: *Core Humanities, Core History, Core VAPA; NTR hours (ex. NTR 331 for EL); General Electives (confirm elective hours needed with your advisor)*

Degree Planning Resources

Interactive Degree Audit
https://registrar.utexas.edu/students/degrees/ida

Credit-By-Exam
https://testingservices.utexas.edu/sts

S.o.H.E. Advising Center
GEA 37
512.471.7219
he.utexas.edu/students/advising
headvising@austin.utexas.edu