

# 2018 – 2020 Bachelor of Science in Human Development & Family Sciences

## Sample 4 Year Plan: Families and Personal Relationships Option

Year One	
HDF 304: Family Relationships (3) <i>Also fulfills Core Social and Behavioral Sciences<sup>1</sup></i>	HDF 313: Child Dvlp (3) & HDF 113L: Lab (1) <i>Must register for lab first</i>
CH 301: Principles of Chemistry I (3) <span style="background-color: yellow;">QR</span>	BIO 311C: Introductory Biology I (3)
SDS 302: Data Analysis For Health Sciences (3) <span style="background-color: yellow;">QR</span>	Core: English Composition <sup>1</sup> – RHE 306 (3)
PSY 301: Intro to Psychology (3)	Core: History <sup>1</sup> (3)
Core: First Year Signature Course <sup>1</sup> – UGS 302/303 (3)	General Elective (3)
Year Two	
HDF 315L: Research Methods in HDFS (3) <span style="background-color: yellow;">QR</span>	NTR 306: Fundamentals of Nutrition (3)
BIO 311D: Bio II (3) <b>or</b> CH 302: Chemistry II (3)	SDS 332: Stat Modeling (3) <b>or</b> M 408N/R: Diff Calc (4)
Social Science: ECO, SOC, PSY, ANT <sup>2</sup> (3)	Support Course <sup>3</sup> (3)
Core: Humanities <sup>1</sup> – E316L, M, N, or P (3)	Core: History <sup>1</sup> (3)
General Elective (3)	General Elective (3)
Year Three – Apply to practicum	
HDF 340: Eth/Phil/Profsnl Development Issues (3) <span style="background-color: yellow;">E</span>	HDF: Option Course (3) <i>Choose from list on back of this sheet</i>
HDF Option Course (3) <i>Choose from list on back of this sheet</i>	HDF: Any additional 3 hours <sup>4</sup> (3)
Support Course <sup>3</sup> (3)	Support Course <sup>3</sup> (3)
Core: Government <sup>1</sup> (3)	Core: Government <sup>1</sup> (3)
Additional Science – AST, BIO CH, CS, GEO, M NTR, or PHY (3)	General Elective (3-5)
Year Four – Complete practicum in fall or spring semester	
HDF: Option Course (3) <i>Choose from list on back of this sheet</i>	HDF 652F/652P/655R: Applied/research practicum <sup>4</sup> (6) <span style="background-color: yellow;">II</span>
HDF: Any additional 3 hours (3)	HDF: Option Course (3) <i>Choose from list on back of this sheet</i>
Social Science: Upper Division ECO, SOC, PSY, ANT <sup>2</sup> (3)	General Elective (3)
Core: Visual And Performing Arts <sup>1</sup> (3)	
General Elective (3)	

1. Refer to approved Core List.

**\*120 total hours required for this degree**

*Courses that fulfill core curriculum requirements are designated in the course schedule with a blue icon in the far right column.*

2. PSY 304, 333D, and 339 cannot count towards this degree.

3. Refer to approved list available at the Human Ecology Advising Center.

4. Students can take a maximum of 12 hours the semester they complete an applied practicum.

### Flag Requirements

- The following course flags are required and may overlap with other required courses.
- One course can satisfy up to 3 flags, with the exception of the GC and CD flags. Two separate classes are needed.
- Transfer & credit-by-exam courses (ex. AP) do not fulfill flag requirements.
- Course flags are designated in the course schedule. You are responsible to check the course schedule each semester to verify available flags.

Flags required:	Fulfilled by:
<span style="background-color: yellow;">Wr</span> Writing (lower or upper-division)	
<span style="background-color: yellow;">Wr</span> Writing (upper-division)	Recommended: HDF option courses
<span style="background-color: yellow;">QR</span> Quantitative Reasoning	SDS 302, CH 301, HDF 315L
<span style="background-color: yellow;">GC</span> Global Cultures	
<span style="background-color: yellow;">CD</span> Cultural Diversity in the U.S.	
<span style="background-color: yellow;">E</span> Ethics	HDF 340
<span style="background-color: yellow;">II</span> Independent Inquiry	HDF Practicum

**Suggestions:** Core Humanities, Core History, Core VAPA; HDF hours; Support Course; Social Science; General Electives (confirm elective hours needed with your advisor)

### Degree Planning Resources

Degree Checklists  
<https://cns.utexas.edu/degree-checklists>

Interactive Degree Audit  
<https://registrar.utexas.edu/students/degrees/ida>

Credit-By-Exam  
<https://learningsciences.utexas.edu/studenttesting>

### S.o.H.E. Advising Center

GEA 37  
 512.471.7219  
[he.utexas.edu/students/advising](http://he.utexas.edu/students/advising)  
[headvising@austin.utexas.edu](mailto:headvising@austin.utexas.edu)

## 2018 – 2020 Bachelor of Science in Human Development & Family Sciences Families and Personal Relationships Option Courses

For the “HDF: Option Courses” on your sample plan, take the following courses:


### Required courses for this option:

HDF 337: Personal Relationships (Fall or Spring, once a year)

### Choose 1 course from the following list:


HDF 335: Adult Development (Fall or Spring, once a year)


HDF 378K: Sexuality in Human Development and Family Sciences (Infrequent)

HDF 372K: Families in Transition (Fall or Spring, once a year) 

### Choose 2 courses from the following list:

HDF 335: Adult Development (Fall or Spring, once a year)


HDF 345: Peer Relationships (Fall or Spring, once a year) 

HDF 347: Socioeconomic Problems of Families (Fall or Spring, once a year) 

HDF 358: Parent-Child Relationships (Fall or Spring, once a year) 

HDF 360: Methods of Family Life Education (Fall or Spring, once a year)

HDF 371: Adolescent Development in Context (Fall or Spring, once a year)

HDF 372K: Families in Transition (Fall or Spring, once a year) 

HDF 378K: Sexuality in Human Development and Family Sciences (Infrequent)

See the HDFFS website for more courses offered by the HDFFS department: <https://he.utexas.edu/hdfs>